



56TH ABBF CHAMPIONSHIPS 2024

06 - 12 AUGUST, 2024 - BATAM CITY, REPUBLIC OF INDONESIA

Under The Auspices Of WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Organized By DATUK PAUL CHUA

In Cooperation With The INDONESIA BODYBUILDING FITNESS FEDERATION

TEAM MANAGERS AND JUDGES MEETING



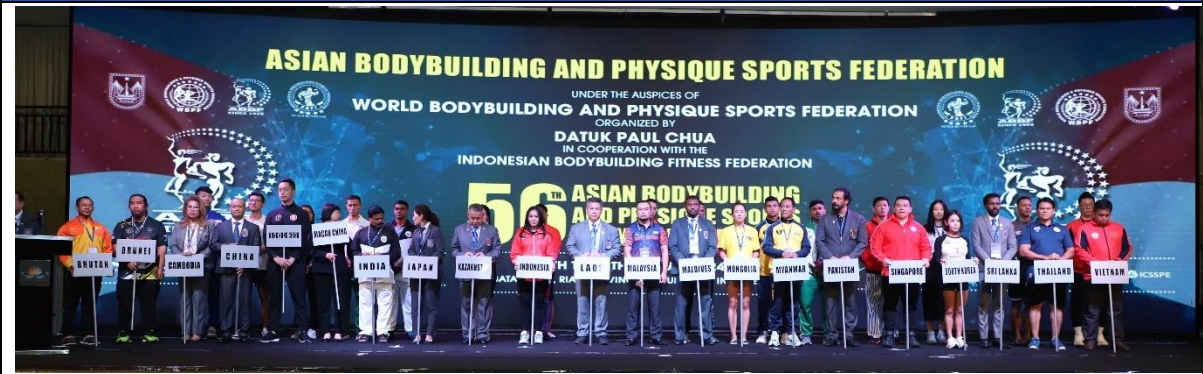
ABBF ANNUAL CONGRESS



ABBF EXECUTIVE COUNCIL MEETING




OPENING CEREMONY AND MARCH-PAST PARADE



RESULTS OF DAY ONE

09TH AUGUST, 2024 – TOTAL OF 18 DISCIPLINES

| MEN'S JUNIOR BODYBUILDING UP TO 75 KG | | | | | | |
|--|-----------------------------|---------|----|----|----|-----|
|  | | | | | | |
| 289 | THOKCHOM YAISANA MEITEI | India | 8 | 7 | 15 | 1st |
| 288 | KHANGEMBAM RISHIKANTA SINGH | India | 10 | 8 | 18 | 2nd |
| 285 | LE HUU THIEN | Vietnam | 14 | 15 | 29 | 3rd |
| 287 | FAN JINLONG | China | 20 | 21 | 41 | 4th |
| 286 | LIU ZIMO | China | 24 | 24 | 48 | 5th |

| MEN'S JUNIOR BODYBUILDING OVER 75 KG | | | | | | |
|--|--------------------|----------|----|----|----|-----|
|  | | | | | | |
| 293 | TRUONG HOANG LONG | Vietnam | 5 | 5 | 10 | 1st |
| 294 | PRANAV KOTWAL | India | 12 | 12 | 24 | 2nd |
| 290 | SITTHICHAT KAPPAHA | Thailand | 13 | 13 | 26 | 3rd |

MEN'S BODYBUILDING UP TO 55 KG



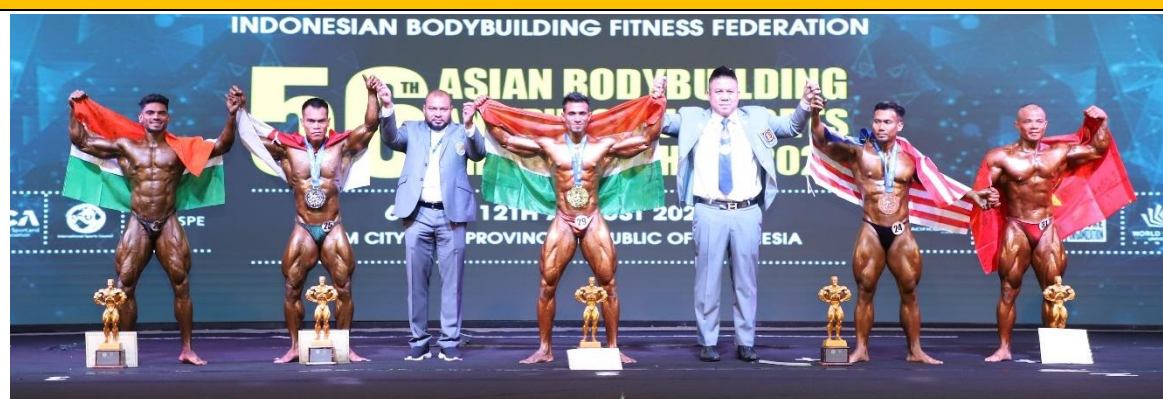
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|----|-------------------|---------|----|----|----|-----|
| 14 | HO CONG HOAI LONG | Vietnam | 5 | 8 | 13 | 1st |
| 16 | INKONE SIVILAY | Lao | 13 | 10 | 23 | 2nd |
| 17 | BUI DAC PHI VU | Vietnam | 12 | 12 | 24 | 3rd |
| 15 | SUBHAKANTA MALLIA | India | 19 | 20 | 39 | 4th |

MEN'S BODYBUILDING UP TO 60 KG



| | | | | | | |
|----|---------------------------|----------|----|----|----|-----|
| 18 | THANGADURAI JAYAPRAKASH | India | 6 | 8 | 14 | 1st |
| 27 | SHAHEEN IBRAHIM DIDI | Maldives | 9 | 7 | 16 | 2nd |
| 20 | SOURA AMLAN JYOTI MOHANTY | India | 15 | 15 | 30 | 3rd |
| 23 | MOHD HAMIRUDDIN BIN HARON | Malaysia | 20 | 20 | 40 | 4th |

MEN'S BODYBUILDING UP TO 65 KG



| | | | | | | |
|----|-----------------------------|-----------|----|----|----|-----|
| 29 | ASHOK BEHRA | India | 9 | 7 | 16 | 1st |
| 25 | M. SADARIUS | Indonesia | 14 | 15 | 29 | 2nd |
| 24 | JOSEPH ANAK LADI | Malaysia | 18 | 17 | 35 | 3rd |
| 28 | MUNUSAMY RAJENDRAN RAJA | India | 20 | 16 | 36 | 4th |
| 31 | TRAN BAO QUOC VUONG | Vietnam | 21 | 21 | 42 | 5th |
| 26 | BINDU SAGAR KALAS | India | 24 | - | 24 | 6th |
| 30 | HAJI IBRAHIM BIN HAJI LATIF | Brunei | 35 | - | 35 | 7th |

MEN'S BODYBUILDING UP TO 70 KG



| | | | | | | |
|----|-------------------------|-----------|----|----|----|-----|
| 35 | ZORIZAL BIN HAJI JOHARI | Brunei | 7 | 5 | 12 | 1st |
| 33 | AMIN RASUAD BIN SIDEK | Malaysia | 10 | 12 | 22 | 2nd |
| 37 | BADAL BEHERA | India | 14 | 13 | 27 | 3rd |
| 38 | SONAM PHUNTSHO | Bhutan | 22 | 22 | 44 | 4th |
| 32 | D. AKRAM DESY | Indonesia | 23 | 23 | 46 | 5th |

WOMEN'S JUNIOR FITNESS PHYSIQUE UP TO 21 YRS



| | | | | | | |
|-----|------------------------------|----------|----|----|----|-----|
| 184 | KANTICHA SEEJUN | Thailand | 8 | 9 | 17 | 1st |
| 177 | JHINTRAMON THAVEAMAYTEACHORD | Thailand | 10 | 9 | 19 | 2nd |
| 178 | TO LAN NHI | Vietnam | 12 | 12 | 24 | 3rd |

WOMEN'S FITNESS PHYSIQUE UP TO 165 CM



| | | | | | | |
|-----|---------------------|----------|----|----|----|-----|
| 181 | NGUYEN THI KIM DUNG | Vietnam | 7 | 7 | 14 | 1st |
| 182 | TRAN THI CAM TU | Vietnam | 8 | 9 | 17 | 2nd |
| 184 | KANTICHA SEEJUN | Thailand | 16 | 18 | 34 | 3rd |
| 183 | TRAN THI THANH TAM | Vietnam | 19 | 17 | 36 | 4th |

WOMEN'S FITNESS PHYSIQUE OVER 165 CM



| | | | | | | |
|-----|------------------------------|----------|----|---|----|-----|
| 185 | NGUYEN THI KIM CUONG | Vietnam | 5 | 6 | 11 | 1st |
| 177 | JHINTRAMON THAVEAMAYTEACHORD | Thailand | 10 | 9 | 19 | 2nd |

WOMEN'S JUNIOR MODEL PHYSIQUE UP TO 21YRS



| | | | | | | |
|-----|------------------------------|----------|----|----|----|-----|
| 184 | KANTICHA SEEJUN | Thailand | 5 | 5 | 10 | 1st |
| 227 | BHAWIKA PRADHAN | India | 14 | 14 | 28 | 2nd |
| 230 | SAIJAI SUSOMKAEW | Thailand | 15 | 15 | 30 | 3rd |
| 177 | JHINTRAMON THAVEAMAYTEACHORD | Thailand | 20 | 21 | 41 | 4th |
| 178 | TO LAN NHI | Vietnam | 22 | 20 | 42 | 5th |

WOMEN'S SWIMSUIT PHYSIQUE UP TO 165 CM



| | | | | | | |
|-----|------------------|-----------------|----|----|----|-----|
| 217 | CHAK PUI KWAN | China Hong Kong | 7 | 6 | 13 | 1st |
| 227 | BHAWIKA PRADHAN | India | 12 | 11 | 23 | 2nd |
| 249 | NGO TUYET NHI | China Macao | 18 | 17 | 35 | 3rd |
| 242 | MA SUET YI | China Hong Kong | 19 | 18 | 37 | 4th |
| 233 | NIMA DOMA TAMANG | India | 25 | 23 | 48 | 5th |
| 243 | HILLANG YAJIK | India | 26 | - | 26 | 6th |

WOMEN'S SWIMSUIT PHYSIQUE OVER 165 CM



| | | | | | | |
|-----|-----------------------|-----------------|----|----|----|-----|
| 259 | UNDRAKH JARGALSAIKHAN | Mongolia | 8 | 8 | 16 | 1st |
| 261 | CHAN SHIU KI | China Hong Kong | 13 | 10 | 23 | 2nd |
| 267 | LEE KYOENG RAN | Korea | 17 | 14 | 31 | 3rd |
| 264 | HOI KA MAN | China Macao | 19 | 19 | 38 | 4th |
| 263 | PHAM DUNG YEN LINH | Vietnam | 19 | 21 | 40 | 5th |

MEN'S MASTER BODYBUILDING 40-49 YRS UP TO 80 KG



| | | | | | | |
|----|-----------------------------|----------|----|----|----|-----|
| 53 | THANAKRIT PRACHANTASEN | Thailand | 6 | 6 | 12 | 1st |
| 35 | ZORIZAL BIN HAJI JOHARI | Brunei | 9 | 9 | 18 | 2nd |
| 33 | AMIN RASUAD BIN SIDEK | Malaysia | 15 | 15 | 30 | 3rd |
| 38 | SONAM PHUNTSHO | Bhutan | 20 | 23 | 43 | 4th |
| 30 | HAJI IBRAHIM BIN HAJI LATIF | Brunei | 25 | 22 | 47 | 5th |

MEN'S MASTER BODYBUILDING 40-49 YRS OVER 80 KG



| | | | | | | |
|----|-----------------|----------|----|---|----|-----|
| 68 | ISMADI BIN RIJI | Malaysia | 5 | 8 | 13 | 1st |
| 84 | SUHASH PUJARI | India | 10 | 7 | 17 | 2nd |

MEN'S MASTER BODYBUILDING 50-60 YRS UP TO 80 KG



| | | | | | | |
|----|--------------------|-------------|----|----|----|-----|
| 85 | AZAHAR BIN MAHAMAD | Malaysia | 7 | 8 | 15 | 1st |
| 88 | EDWIN TAN YEW HENG | Singapore | 8 | 8 | 16 | 2nd |
| 86 | SARAVANAN HARIRAM | India | 14 | 14 | 28 | 3rd |
| 87 | WONG CHONG IEONG | China Macao | 20 | 20 | 40 | 4th |

MEN'S MASTER BODYBUILDING 50-60 YRS OVER 80 KG



| | | | | | | |
|----|--------------|-------|----|----|----|-----|
| 91 | BALDEV KUMAR | India | 5 | 5 | 10 | 1st |
| 90 | BI BANGHUA | China | 10 | 10 | 20 | 2nd |

MEN'S MASTER BODYBUILDING OVER 60 YRS



| | | | | | | |
|----|------------------|-----------|----|----|----|-----|
| 92 | JAYARAMAN | India | 5 | 5 | 10 | 1st |
| 93 | MATHEW RAJAVARMA | Singapore | 10 | 10 | 20 | 2nd |

MIXED PAIRS



| | | | | | | |
|---|-----------------------------|-----------------|----|----|----|-----|
| 8 | CHUI CHAK CHUEN | China Hong Kong | 8 | 10 | 18 | 1st |
| | MA SIN YI | | | | | |
| 7 | TRANAO QUOC VUONG | Vietnam | 13 | 9 | 22 | 2nd |
| | TRAN THI CAM TU | | | | | |
| 2 | LEI KA KIT | China Macao | 18 | 17 | 35 | 3rd |
| | AO KA WAN | | | | | |
| 1 | CHAU NGUYEN KHA | Vietnam | 19 | 18 | 37 | 4th |
| | TRAN THI THANH TAM | | | | | |
| 3 | JOSEPH ANAK LADI | Malaysia | 24 | 21 | 45 | 5th |
| | MEILaura DORA JIMMY | | | | | |
| 6 | MALVERN ABDULLAH | Malaysia | 30 | - | 30 | 6th |
| | PHILOMENA DEXCLYN ANAK SIAR | | | | | |
| 4 | WONG KA LAP | China Hong Kong | 30 | - | 30 | 7th |
| | TONG HIU TUNG | | | | | |

RESULTS OF DAY TWO

10TH AUGUST, 2024 – TOTAL OF 23 DISCIPLINES

| MEN'S FITNESS PHYSIQUE UP TO 170 CM | | | | | | | |
|--|--------------------------|-----------------|----|----|----|-----|--|
|  | | | | | | | |
| 101 | CHAU NGUYEN KHA | Vietnam | 6 | 6 | 12 | 1st | |
| 99 | HON KIT | China Hong Kong | 11 | 11 | 22 | 2nd | |
| 98 | WONG SON WAI | China Macao | 15 | 15 | 30 | 3rd | |
| 95 | RAJKUMAR SANATHOI MEETEI | India | 18 | 18 | 36 | 4th | |
| 97 | LEI CHAN SENG | China Macao | 24 | 24 | 48 | 5th | |

| MEN'S FITNESS PHYSIQUE OVER 170 CM | | | | | | | |
|--|-------------------------|-------------|----|----|----|-----|--|
|  | | | | | | | |
| 102 | SUGRALIYEV SERIK | Kazakhstan | 7 | 7 | 14 | 1st | |
| 103 | LAM TING PANG | China Macao | 11 | 11 | 22 | 2nd | |
| 289 | THOKCHOM YAISANA MEITEI | India | 13 | 13 | 26 | 3rd | |

MEN'S BODYBUILDING UP TO 75 KG



| | | | | | | |
|-----|-----------------------------|-------------|----|----|----|-----|
| 39 | YE HTUN NAUNG | Myanmar | 7 | 6 | 13 | 1st |
| 42 | JAGANNATH KHUNTIA | India | 8 | 9 | 17 | 2nd |
| 45 | MUHAMMAD BUDI RIWANSYAH | Indonesia | 15 | 17 | 32 | 3rd |
| 43 | AWANG MOHD AZIZUL BIN GHANI | Malaysia | 20 | 18 | 38 | 4th |
| 88 | EDWIN TAN YEW HENG | Singapore | 27 | 25 | 52 | 5th |
| 285 | LE HUU THIEN | Vietnam | 28 | - | 28 | 6th |
| 87 | WONG CHONG IEONG | China Macao | 35 | - | 35 | 7th |

MEN'S BODYBUILDING UP TO 80 KG



| | | | | | | |
|-----|--------------------------------|-----------|----|----|----|-----|
| 46 | MARIA JIJO | India | 5 | 6 | 11 | 1st |
| 50 | NGUYEN MINH MY | Vietnam | 14 | 13 | 27 | 2nd |
| 53 | THANAKRIT PRACHANTASEN | Thailand | 16 | 18 | 34 | 3rd |
| 52 | K ARNOLD SINGH | India | 25 | 17 | 42 | 4th |
| 54 | EDWIN KASIRI | Indonesia | 20 | 24 | 44 | 5th |
| 293 | TRUONG HOANG LONG | Vietnam | 29 | - | 29 | 6th |
| 290 | SITTHICHAT KAPPAHA | Thailand | 35 | - | 35 | 7th |
| 51 | ZAINAL ARIF BIN ZAINAL ARIFFIN | Malaysia | 40 | - | 40 | 8th |

MEN'S BODYBUILDING UP TO 85 KG



| | | | | | | |
|----|---------------------------------|----------|----|----|----|-----|
| 56 | DEBMALYA MALLICK | India | 7 | 7 | 14 | 1st |
| 61 | LU THUAN HOA | Vietnam | 8 | 8 | 16 | 2nd |
| 59 | ZMARUL AL ADAM PULUTAN ABDULLAH | Malaysia | 15 | 15 | 30 | 3rd |
| 84 | SUBHASH PUJARI | India | 21 | 21 | 42 | 4th |
| 57 | HEIN HTET KYAW | Myanmar | 24 | 24 | 48 | 5th |

WOMEN'S BODYBUILDING UP TO 55 KG



| | | | | | | |
|-----|--------------------------------------|----------|----|----|----|-----|
| 172 | MEILaura DORA JIMMY | Malaysia | 5 | 5 | 10 | 1st |
| 171 | DINH KIM LOAN | Vietnam | 12 | 12 | 24 | 2nd |
| 173 | SITI HADJAR BINTI MANSOR AWANG HITAM | Malaysia | 13 | 13 | 26 | 3rd |

WOMEN'S BODYBUILDING OVER 55 KG



| | | | | | | |
|-----|------------------------|----------|---|---|----|-----|
| 175 | JIRATHA CHUTHANICHAKAN | Thailand | 7 | 7 | 14 | 1st |
| 176 | VANDANA THAKUR | India | 8 | 8 | 16 | 2nd |

WOMEN'S MODEL PHYSIQUE UP TO 155 CM



| | | | | | | |
|-----|--------------------|-----------------|----|----|----|-----|
| 234 | KONG IAN IAN | China Macao | 10 | 7 | 17 | 1st |
| 235 | YUPHAPHON SUEPSUAN | Thailand | 16 | 8 | 24 | 2nd |
| 238 | SUVD-ERDENE JARGAL | Mongolia | 14 | 19 | 33 | 3rd |
| 233 | NIMA DOMA TAMANG | India | 17 | 19 | 36 | 4th |
| 237 | LAM KING HA | China Hong Kong | 24 | 22 | 46 | 5th |
| 236 | AO KA WAN | China Macao | 26 | - | 26 | 6th |

WOMEN'S MODEL PHYSIQUE UP TO 160 CM



| | | | | | | |
|-----|----------------------|-----------------|----|----|----|-----|
| 240 | NI NI AUNG | Myanmar | 14 | 12 | 26 | 1st |
| 244 | MA SIN YI | China Hong Kong | 20 | 12 | 32 | 2nd |
| 230 | SAIJAI SUSOMKAEW | Thailand | 22 | 15 | 37 | 3rd |
| 242 | MA SUET YI | China Hong Kong | 22 | 16 | 38 | 4th |
| 248 | BAYARCHIMEG BAYART | Mongolia | 25 | 22 | 47 | 5th |
| 241 | NOVI TRISIANA | Indonesia | 2 | - | 29 | 6th |
| 243 | HILLANG YAJIK | India | 29 | - | 29 | 7th |
| 178 | TO LAN NHI | Vietnam | 30 | - | 30 | 8th |
| 250 | NASANBUYAN SANSALMAA | Mongolia | 39 | - | 39 | 9th |

WOMEN'S MODEL PHYSIQUE UP TO 165 CM



| | | | | | | |
|-----|--------------------|-----------------|----|----|----|-----|
| 257 | ADIYAKHUU BATBILEG | Mongolia | 9 | 8 | 17 | 1st |
| 217 | CHAK PUI KWAN | China Hong Kong | 9 | 10 | 19 | 2nd |
| 184 | KANTICHA SEEJUN | Thailand | 15 | 15 | 30 | 3rd |
| 253 | TONG HIU TUNG | China Hong Kong | 19 | 19 | 38 | 4th |
| 249 | NGO TUYET NHI | China Macao | 24 | 24 | 48 | 5th |

MEN'S SPORTS PHYSIQUE UP TO 170 CM



| | | | | | | |
|-----|---------------------------------|-----------------|----|----|----|-----|
| 143 | AZNEEN RASHAD | Maldives | 11 | 11 | 22 | 1st |
| 138 | PANKAJ RAWAT | India | 13 | 13 | 26 | 2nd |
| 144 | NANTAPONG MUKDARA | Thailand | 20 | 20 | 40 | 3rd |
| 142 | MOHD FAIZAL BIN MAT RASHID | Malaysia | 23 | 23 | 46 | 4th |
| 140 | THAN HTIKE OO | Myanmar | 24 | 24 | 48 | 5th |
| 99 | HON KIT | China Hong Kong | 27 | - | 27 | 6th |
| 139 | MOHAMAD ZURAIMAN BIN HAJI JAMAN | Brunei | 28 | - | 28 | 7th |
| 136 | LING HO HOI | China Hong Kong | 33 | - | 33 | 8th |

MEN'S SPORTS PHYSIQUE UP TO 175 CM



| | | | | | | |
|-----|-----------------------------------|-----------------|----|----|----|------|
| 150 | KITTISAK BURADAM | Thailand | 7 | 7 | 14 | 1st |
| 152 | MOHDSHAIFUL HISHAM BIN ABDUL AZIZ | Malaysia | 14 | 11 | 25 | 2nd |
| 149 | WONG KA LAP | China Hong Kong | 30 | 13 | 43 | 3rd |
| 161 | TEGAR WICAKSONO | Indonesia | 24 | 20 | 44 | 4th |
| 102 | SUGRALIYEV SERIK | Kazakhstan | 21 | 25 | 46 | 5th |
| 151 | PRATIK DEB | India | 35 | - | 35 | 6th |
| 158 | I NYOMAN WANA BASKARA | Indonesia | 37 | - | 37 | 7th |
| 156 | HUI SZE HUNG | China Hong Kong | 39 | - | 39 | 8th |
| 155 | ZABIHULLAH SARWARI | Indonesia | 39 | - | 39 | 9th |
| 159 | IONG IAN KIT | China Macao | 40 | - | 40 | 10th |
| 153 | ASRUL BIN ASMAT SEFRI | Malaysia | 41 | - | 41 | 11th |
| 148 | LEI KA KIT | China Macao | 54 | - | 54 | 12th |

MEN'S SPORTS PHYSIQUE UP TO 180 CM



| | | | | | | |
|-----|----------------------------------|-----------|----|----|----|-----|
| 162 | GURALAWELA HITHTHARA PREMASINGHA | Sri Lanka | 7 | 7 | 14 | 1st |
| 160 | ROHAN KADAM | India | 8 | 8 | 16 | 2nd |
| 163 | SHEN KAILANG | China | 15 | 15 | 30 | 3rd |

MEN'S SPORTS PHYSIQUE OVER 180 CM



| | | | | | | |
|-----|--------------------|-----------------|----|----|----|-----|
| 166 | KHEANGHUY KHOU | Cambodia | 9 | 7 | 16 | 1st |
| 167 | RACHASAP JAROENSAP | Thailand | 9 | 8 | 17 | 2nd |
| 164 | JAGPAL | India | 13 | 15 | 28 | 3rd |
| 169 | CHUI CHAK CHUEN | China Hong Kong | 19 | 20 | 39 | 4th |

WOMEN'S SPORTS PHYSIQUE UP TO 165 CM



| | | | | | | |
|-----|----------------|-----------------|----|----|----|-----|
| 201 | KHUSHBOO YADAV | India | 13 | 8 | 21 | 1st |
| 206 | CHIRANAN SURAN | Thailand | 10 | 15 | 25 | 2nd |
| 202 | WONG WAI LING | China Hong Kong | 15 | 14 | 29 | 3rd |
| 203 | SO PO YEE | China Hong Kong | 15 | 17 | 32 | 4th |
| 205 | KETAKI PATIL | India | 19 | 20 | 39 | 5th |
| 204 | CHA MUN GEONG | Korea | 27 | - | 27 | 6th |

WOMEN'S SPORTS PHYSIQUE OVER 165 CM



| | | | | | | |
|-----|------------------------------------|-----------|----|----|----|-----|
| 208 | PHILOMENA DEXCLYN ANAK SIAR | Malaysia | 5 | 9 | 14 | 1st |
| 185 | NGUYEN THI KIM CUONG | Vietnam | 10 | 6 | 16 | 2nd |
| 207 | WARAPITIYA PANDITHALAGE AMARASINGH | Sri Lanka | 15 | 15 | 30 | 3rd |

WOMEN'S LADIES SPORTS PHYSIQUE OVER 35 YRS



| | | | | | | |
|-----|-----------------------------|-----------------|----|----|----|-----|
| 203 | SO PO YEE | China Hong Kong | 11 | 5 | 16 | 1st |
| 204 | CHA MUN GEONG | Korea | 9 | 14 | 23 | 2nd |
| 208 | PHILOMENA DEXCLYN ANAK SIAR | Malaysia | 15 | 11 | 26 | 3rd |
| 212 | YULIANI | Indonesia | 18 | 22 | 40 | 4th |
| 205 | KETAKI PATIL | India | 25 | 21 | 46 | 5th |
| 202 | WONG WAI LING | China Hong Kong | 27 | - | 27 | 6th |

MEN'S ATHLETIC PHYSIQUE UP TO 160 CM



| | | | | | | |
|-----|----------------------|-------------|----|----|----|-----|
| 106 | MALVERN ABDULLAH | Malaysia | 8 | 7 | 15 | 1st |
| 107 | NGUYEN THANH LONG | Vietnam | 10 | 10 | 20 | 2nd |
| 105 | WANG XIAOHUA | China | 16 | 15 | 31 | 3rd |
| 101 | CHAU NGUYEN KHA | Vietnam | 17 | 18 | 35 | 4th |
| 111 | KAMALUDDIN BIN YANAU | Brunei | 24 | 25 | 49 | 5th |
| 97 | LEI CHAN SENG | China Macao | 30 | - | 30 | 6th |

MEN'S ATHLETIC PHYSIQUE UP TO 167 CM



| | | | | | | |
|-----|--------------------------|----------|----|----|----|-----|
| 116 | TRUONG QUOC LONG | Vietnam | 6 | 7 | 13 | 1st |
| 114 | WAIKHOM JOYJEET | India | 9 | 14 | 23 | 2nd |
| 113 | LE VAN VIET | Vietnam | 16 | 10 | 26 | 3rd |
| 118 | AFLISAHYIR BIN ALI | Malaysia | 24 | 20 | 44 | 4th |
| 121 | SYED FAIZAL BIN SYED ALI | Malaysia | 25 | 23 | 48 | 5th |
| 112 | BATKHUU BATSAIKHAN | Mongolia | 26 | - | 26 | 6th |
| 120 | GAURESH KINLEKAR | India | 33 | - | 33 | 7th |
| 122 | FATHUHULLA MOHAMED | Maldives | 37 | - | 37 | 8th |

MEN'S ATHLETIC PHYSIQUE UP TO 175 CM



| | | | | | | |
|-----|--------------------------------|----------|----|----|----|-----|
| 124 | ABDULLA AHSAN | Maldives | 7 | 10 | 17 | 1st |
| 119 | PHAM NGOC SY | Vietnam | 13 | 9 | 22 | 2nd |
| 110 | DO THANH BINH | Vietnam | 18 | 16 | 34 | 3rd |
| 125 | KO KO KYAW PHYO | Myanmar | 20 | 21 | 41 | 4th |
| 123 | AHMAD FAIZ BIN ARIFFIN | Malaysia | 23 | 21 | 44 | 5th |
| 128 | NAKUL KAUSHAL | India | 26 | - | 26 | 6th |
| 117 | SAYFA SANEWONG | Thailand | 33 | - | 33 | 7th |
| 127 | MOHAMAD YAZID BIN MOHAMAD TAIB | Brunei | 40 | - | 40 | 8th |

WOMEN'S ATHLETIC PHYSIQUE OPEN CATEGORY



| | | | | | | |
|-----|---------------------|-----------------|----|----|----|-----|
| 191 | WONG KA YUK | China Hong Kong | 9 | 7 | 16 | 1st |
| 190 | THARE WAR | Myanmar | 9 | 8 | 17 | 2nd |
| 181 | NGUYEN THI KIM DUNG | Vietnam | 18 | 16 | 34 | 3rd |
| 194 | TRAN THI NY | Vietnam | 20 | 22 | 42 | 4th |
| 182 | TRAN THI CAM TU | Vietnam | 22 | 22 | 44 | 5th |
| 183 | TRAN THI THANH TAM | Vietnam | 32 | - | 32 | 6th |
| 195 | LE THI HUONG GIANG | Vietnam | 33 | - | 33 | 7th |

RESULTS OF DAY THREE

10TH AUGUST, 2024 – TOTAL OF 9 DISCIPLINES

MEN'S BODYBUILDING UP TO 90 KG



| | | | | | | |
|----|---------------------------|----------|----|----|----|-----|
| 62 | GANZORIG ENKHTUVSHIN | Mongolia | 6 | 6 | 12 | 1st |
| 67 | THOKCHOM GYANENDRA MEETEI | India | 9 | 9 | 18 | 2nd |
| 64 | SHAHNAWAZ KHAN | Pakistan | 14 | 14 | 28 | 3rd |

MEN'S BODYBUILDING UP TO 100 KG



| | | | | | | |
|----|------------------------|----------|----|----|----|-----|
| 71 | PAWAN KUMAR | India | 7 | 5 | 12 | 1st |
| 73 | SELVAKUMAR | India | 16 | 10 | 26 | 2nd |
| 69 | MOHAMAD ISHAM BIN FAZI | Malaysia | 15 | 15 | 30 | 3rd |
| 70 | SUNIL SAMARIYA | India | 11 | 20 | 31 | 4th |

MEN'S BODYBUILDING OVER 100 KG



| | | | | | | |
|----|-----------------|----------|----|----|----|-----|
| 75 | NITIN CHANDILA | India | 5 | 5 | 10 | 1st |
| 74 | JAVED ALI KHAN | India | 10 | 10 | 20 | 2nd |
| 68 | ISMADI BIN RIJJ | Malaysia | 15 | 15 | 30 | 3rd |

MEN'S ATHLETIC PHYSIQUE UP TO 182 CM



| | | | | | | |
|-----|-------------------|-----------|----|----|----|-----|
| 129 | NGUYEN THANH TIEN | Vietnam | 6 | 6 | 12 | 1st |
| 130 | HTET LIN KO KO | Myanmar | 10 | 12 | 22 | 2nd |
| 132 | MAINUL ISLAM | India | 15 | 13 | 28 | 3rd |
| 134 | GAGANDEEP | India | 19 | 20 | 39 | 4th |
| 131 | JEREMY YEOH | Singapore | 25 | 25 | 50 | 5th |

MEN'S ATHLETIC PHYSIQUE OVER 182 CM



| | | | | | | |
|-----|------------------|-----------|----|----|----|-----|
| 135 | AMALNATH NAVELEN | Singapore | 5 | 5 | 10 | 1st |
| 137 | DEEPAK SEHARWAT | India | 10 | 10 | 20 | 2nd |

WOMEN'S WELLNESS PHYSIQUE OPEN CATEGORY



| | | | | | | |
|-----|-------------------------------------|-----------------|----|----|----|-----|
| 206 | CHIRANAN SURAN | Thailand | 9 | 7 | 16 | 1st |
| 277 | SHEPETINA YELIZAVETA | Kazakhstan | 13 | 10 | 23 | 2nd |
| 203 | SO PO YEE | China Hong Kong | 15 | 16 | 31 | 3rd |
| 204 | CHA MUN GEONG | Korea | 23 | 21 | 44 | 4th |
| 185 | NGUYEN THI KIM CUONG | Vietnam | 25 | 21 | 46 | 5th |
| 208 | PHILOMENA DEXCLYN ANAK SIAR | Malaysia | 28 | - | 28 | 6th |
| 207 | WARAPITIYA PANDITHALAGE AMARASINGHE | Sri Lanka | 31 | - | 31 | 7th |

WOMEN'S MODEL PHYSIQUE UP TO 170 CM



| | | | | | | |
|-----|---------------------------------|-----------------|----|----|----|-----|
| 259 | UNDRAKH JARGALSAIKHAN | Mongolia | 8 | 5 | 13 | 1st |
| 263 | PHAM DUNG YEN LINH | Vietnam | 12 | 10 | 22 | 2nd |
| 261 | CHAN SHIU KI | China Hong Kong | 16 | 14 | 30 | 3rd |
| 262 | MUNASINGHA PATHIRANAGE MADUMALI | Sri Lanka | 15 | 20 | 35 | 4th |
| 177 | JHINTRAMON THAVEAMAYTEACHORD | Thailand | 25 | 23 | 48 | 5th |
| 264 | HOI KA MAN | China Macao | 26 | - | 26 | 6th |

WOMEN'S MODEL PHYSIQUE OVER 170 CM



| | | | | | | |
|-----|----------------|-------|---|---|----|-----|
| 265 | REIKA KUROSAKI | Japan | 6 | 6 | 12 | 1st |
| 267 | LEE KYOENG RAN | Korea | 9 | 9 | 18 | 2nd |

WOMEN'S LADIES MODEL PHYSIQUE OVER 35 YRS



| | | | | | | |
|-----|-----------------------|-----------------|----|----|----|------|
| 265 | REIKA KUROSAKI | Japan | 11 | 11 | 22 | 1st |
| 244 | MA SIN YI | China Hong Kong | 22 | 14 | 36 | 2nd |
| 235 | YUPHAPHON SUEPSUAN | Thailand | 25 | 12 | 37 | 3rd |
| 257 | ADIYAKHUU BATBILEG | Mongolia | 25 | 15 | 40 | 4th |
| 238 | SUVD-ERDENE JARGAL | Mongolia | 27 | 21 | 48 | 5th |
| 263 | PHAM DUNG YEN LINH | Vietnam | 27 | - | 27 | 6th |
| 259 | UNDRAKH JARGALSAIKHAN | Mongolia | 28 | - | 28 | 7th |
| 250 | NASANBUYAN SANSALMAA | Mongolia | 34 | - | 34 | 8th |
| 242 | MA SUET YI | China Hong Kong | 35 | - | 35 | 9th |
| 248 | BAYARCHIMEG BAYART | Mongolia | 36 | - | 36 | 10th |

WOMEN'S TEAM CHAMPIONSHIP



| | | |
|-----------|-----------------|-----|
| 1ST PLACE | THAILAND | 415 |
| 2ND PLACE | CHINA HONG KONG | 325 |
| 3RD PLACE | VIETNAM | 250 |

MEN'S TEAM CHAMPIONSHIP



| | | |
|-----------|----------|-----|
| 1ST PLACE | INDIA | 905 |
| 2ND PLACE | VIETNAM | 460 |
| 3RD PLACE | MALAYSIA | 305 |

TOP 10 BODYBUILDERS OF ABBF IN 2024



MR. ASIA 2024 (OVERALL CHAMPION)



62 GANZORIG ENKHTUVSHIN

Mongolia